

The Main Line



April 2008

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www.gilanet.net
www.native-tech.net

Owned and operated
by the Gila River
Indian Community



Staff at the NTS booth - RES 2008
March 6, 2008

L-R: Jean Nahomni Mani, Don Laupp, Tanya Palmateer, Pam Thomas.

NTS at RES 2008 in Las Vegas

Native Technology Solutions (NTS) set up a booth at the Res 2008 Trade Show with Gila River Telecommunications Inc. (GRTI). The NTS booth was well attended with interested customers on business phone systems, paging and security systems. NTS is a first time attendee and was pleased that many business and tribal owned enterprises would like more information on NTS products and services. It was a great trade fair for NTS. NTS is a subsidiary of GRTI, owned & operated by the Gila River Indian Community.

GRTI was proud to participate at the 63rd Iwo Jima Flag Raising Anniversary



Win great prizes
during the month
of April!

See inside for details.



Corner of Quotes

"You really can change the world if you care enough."
- Marian Wright Edelman

"A society is defined not only by what it creates, but by what it refuses to destroy."
- John Sawhill



Fill out a survey and you could win...



Mul-Chu-Tha Prizes

First Prize

- PC Computer & printer
- 1-year FREE high-speed Internet*

Second Prize

- Nintendo Wii

Third Prize

- iPod Nano



FIVE TRIBES PEACE TREATY

District 7 Service Center
April 12, 2008

GRTI will participate in the parade and follow up with a booth. When you visit the GRTI booth and fill out a survey you get a prize. Every survey will be entered in a raffle to win a Nintendo Wii game console PLUS a flat screen TV!

MUL-CHU-THA

Sacaton, Arizona
April 19, 2008

Come out and see us in the parade on Saturday, April 19th. Then head on over to the fairgrounds where GRTI will have a booth where you can fill out a survey. Complete your survey and you will be entered in a raffle. Your lucky ticket could be the winner to one of three prizes!

* Must be a GRTI Customer to receive 1-year of free high-speed Internet.



Yvonne Lyons
District Days Winner

Don't forget District Days

April 7

District Days Sacaton
Health Resource Center.
North of Child Care Development

April 8

District Days Komatke
Health Resource Center.
Across from Komatke Boys & Girls Club

District Day hours are 10 AM to 3 PM

Drop Box Payments

GRTI would like to make it as simple as possible to make your payments. This is a friendly reminder that you can continue to use the drop box located at the old GRTI office building. The drop box is located on the left side of the old entrance doors. Drop box payments will be checked on a daily basis. Thank you!

GRIC Entrepreneur Business Listings

LOOKING FOR A GILA RIVER OWNED BUSINESS? GO TO WWW.GILANET.NET.

GRTI knows how important it is to support local businesses. There are many community member owned businesses that you can utilize for commercial and personal needs. GRTI has placed the Gila River Entrepreneur Business Listing on the web site. GRTI will spotlighting different listings in the next issues of The Main Line. This month the spotlight will be on entertainment and children's clothing.

CHILDRENS CLOTHING

Coyote Kids
520-430-3453
sandynas@gilanet.net
Sandy Nasewytewa

ENTERTAINMENT

Chuck's Trailriding Adventures
602-796-3495
Koli Equestrian Center
Clifton Pablo

Desert Man Music

602-705-2320
Mrs.Bob@DesertManMusic.com
www.DesertManMusic.com
Bob Villa

DJ Blackwater

520-450-2052
Russell Blackwater

First Class Native

520-562-3044
Jacobantone05@hotmail.com
Jacob Antone

Bundle your calling features and DSL with GRTI bundles

Smart Choice Basic

- 1 Phone Line
- 2 Calling Features
- \$19.95

Premium Choice Basic

- 1 Phone Line
- Unlimited Calling Features
- \$29.95

Total Basic

- 2 Phone Lines
- Unlimited Calling Features
- \$39.95

Add DSL to your bundle and get 30 minutes of FREE Gila River Long Distance every month

Smart Choice DSL

- \$59.95 a month

Premium Choice DSL

- \$69.95 a month

Total DSL

- \$79.95 a month

The Silent Problem In The Workplace

If you think you left the schoolyard bully in junior high, think again. Bullying in a professional setting is a silent epidemic that many suffer.

Ever felt that someone at the office seemed to leave out information you might need? Did you not get treated in the same fashion that others are usually treated in a situation? Perhaps you just felt ostracized. Guess what? You might be a victim of a bully. This could be a real possibility.

What is workplace bullying?

The Workplace Bullying Institute defines it as "repeated, health-harming mistreatment" of a person by a perpetrator that takes on one or more of the following forms: verbal abuse; threatening, humiliating or offensive behavior and actions; and work interference or sabotage that prevents work from getting done. Researchers associated with Arizona State University's Project for Wellness and Work-Life includes the destruction of property and social ostracism.

Why bully?

Workplace bullying tends to occur when something new is implemented such as a new system, new employee or reorganization. This is said to be a perfect time for bullying to become rampant. Bullies may also victimize because of the need to advance in their position and are willing to use any tactics they feel necessary.

Negative effects of office bullying

If bullying goes on long enough by an individual or group, the victim may eventually leave rather than stay and be mistreated. This is the ultimate goal of a bully. Once the victim is gone, the bully will then look for another

honest and quality employees. Bullying individuals or groups tend to select this type of victim because of their own inadequacies and perhaps jealousy. When a company loses a quality employee due to bullying it tends to lose even more as the bully feels more successful. Even if victims bring bullying to light, managers may feel helpless in defending the victim. Bullying can seem like a petty complaint when in fact there is a bigger picture. When bullying occurs it is proven that productivity can stall and effect employees that have to stand by and watch all the action go on without any end in sight or intervention from management. Bullies are able to disguise their rude ways as normal behavior and may even come across as having good intentions thus making it difficult for a manager to discipline a bully for their behavior. If the behavior is addressed, bullies tend to come across as if they have been the one getting victimized. Almost all are willing to lie about it.

Recognize Office Bullying

Bullying can be any negative acts that are meant to control another person or a group of people's behavior. The acts can be done by a lone individual or a group of persons that work together in bullying a target. Any of these tactics can be used:

- Threatening the individual's work status.
- Threatening personal standing (e.g. ageist or sexist comments).
- Isolating the individual from information, opportunities, awards, outings, or any event normally provided by the company.
- Giving impossible deadlines, overwork and undue pressures.
- Undermining the individual such as demeaning their standard of work, not giving credit, setting up projects to fail, reminders of mistakes.

Companies can prevent bullying

Include it in your policy and procedures. The thrift store chain, Goodwill, has adopted such a policy and sends reminders every quarter with pay stubs that includes a phone number for anonymous tips. Managers and supervisors also take an e-learning course on bullying prevention.

Some may think that this might be a lot of effort but when you have happier employees, lower turnover rates and empower supervisors and managers...that could very well be priceless.

victim. And this is where the problem begins. Most victims of bullies are actually the more hard working,

APR 2008

7
District Days Sacaton
Health Resource Ctr.

8
District Days Komatke
Health Resource Ctr.

10
Disconnect Day
Past due balance due
or call to make a pay
arrangement.

12
5 Tribes Peace Treaty
District 7

15
Get your taxes done? You
have until midnight!
March bill is due

18-20
Mul-Chu-Tha - Come see
GRTI in the parade and
at the booth!
Sacaton, Arizona

23
Administrative
Professionals Day

April Is Alcohol Awareness Month

Alcohol Awareness Month in April of every year is a designated month to heighten awareness of underage drinking and its devastating impact on youth, families, and the community. You can't keep your children from making bad choices but you can provide them with love, support and guidance that can make all the difference.

What can parents do to prevent underage drinking?

6 proven strategies for parents to help children and adolescents avoid alcohol and drugs:

1 Establish and maintain good communication with your child.

2 Get involved and stay involved in your child's life.

3 Make clear rules and enforce them with consistency and appropriate consequences.

4 Be a positive role model. Do not use illicit drugs or abuse alcohol. If you smoke, make plans to stop.

5 Teach your child to choose friends wisely.

6 Monitor your child's activities—know what your children are doing, where they are, and with whom.

Facts About Youth & Alcohol

- Boys usually try alcohol for the first time at just 11 years old, while the average age for American girls' first drink is 13.

In short, our nation's youth are flirting with disaster. Consider the facts:

- Underage drinking is a factor in nearly half of all teen automobile crashes, the leading cause of death among teenagers.

- Alcohol use contributes to youth suicides, homicides and fatal injuries – the leading cause of death among youth after auto crashes.

- Alcohol abuse is linked to as many as two-thirds of all sexual assaults and date rapes of teens and college students.

- Alcohol is a major factor in unprotected sex among youth, increasing their risk of contracting HIV or other transmitted diseases.

Be A Good Neighbor

Do you have phone service and know someone who doesn't?

Have them fill out an application for phone service. Inform them that they can get low cost phone service when they return their phone application with an Enhanced Lifeline form. Enhanced

Lifeline also pays for a portion of the installation fee.

GRTI also offers programs that help customers re-start their service even if they still owe on an old account called Fresh Start.

Applications for phone service can be printed out at home from the web at www.gilanet.net or from your local district service center. You can return them by mail or fax them to 796-7534.

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